



Fall 2025

NCTRC

Fall 2025 Courses



North Country Teacher Resource Center

<https://northcountrytrc.wixsite.com/education>

Room 545 Sibley Hall
SUNY Plattsburgh
Plattsburgh, NY 12901
(518) 564 - 5000

nctrc5000@gmail.com



Fall 2025

Project Based Learning Made Simple:

Collegial Circle

Open to: K-12

Prerequisite: None

Instructor: Jerri Charlebois, Special Education Teacher: Plattsburgh City Schools

Date: September 28 - October 26, 2025

Place: Online using Canvas

Cost: \$100: Purchase the book on your own.

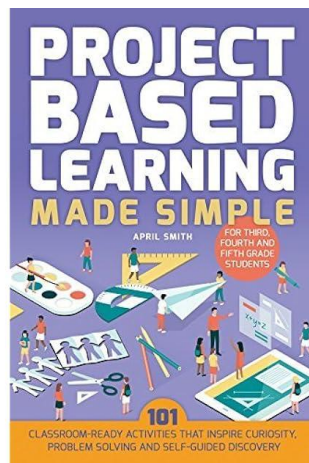
Register and pay by: September 24, 2025

Class limit: 25

1 in-service credit/15 credit hours

[Click Here to Register](#)

Are you seeking a clear resource that makes Project-Based Learning easy, fun and engaging for your students? Do your students lack skills in problem-solving, critical thinking, collaboration, communication, and creativity? April Smith, author of Project Based Learning Made Simple, has created a book that features 100 classroom activities designed to spark curiosity, problem-solving, and self-guided discovery across all content areas. Join fellow educators as we design and explore our own PBL project for the 2025 - 2026 school year.





Fall 2025

It's the Great Fall Cleanout, Charlie Brown

Open to: PreK-12

Prerequisite: None

Instructor: Hannah Bouayadi, Earth and Space
Science Teacher: Plattsburgh City Schools

Date: September 29 - October 20, 2025

Place: Online using Canvas

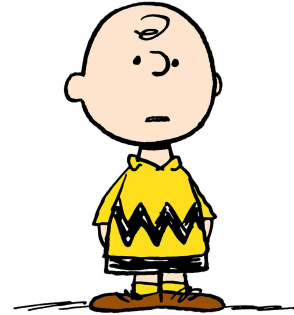
Cost: \$100

Register and pay by:
September 24, 2025

Class limit: 20

**1 in-service credit/15 credit
hours**

[Click Here to Register](#)



In this class, we'll explore essential digital organization strategies that will help you succeed during the school year and beyond. We will learn to develop a habit and a new skill set of regular digital cleanup - delete duplicate files, remove old downloads and clear your desktop of unused items. Keep only what you need and organize everything else into their designated folder. This class will allow us to set the tone for the entire school year to keep everything clean and tidy (or we hope to have a better try at it)!



Fall 2025

The Beginning Teacher's Field Guide: Collegial Circle

Open to: K-12 Teachers

Prerequisite: None

Instructor: William Verity, Retired High School Music Teacher: Plattsburgh City Schools

Dates: October 1 - 31, 2025

Place: Online using Google Chat

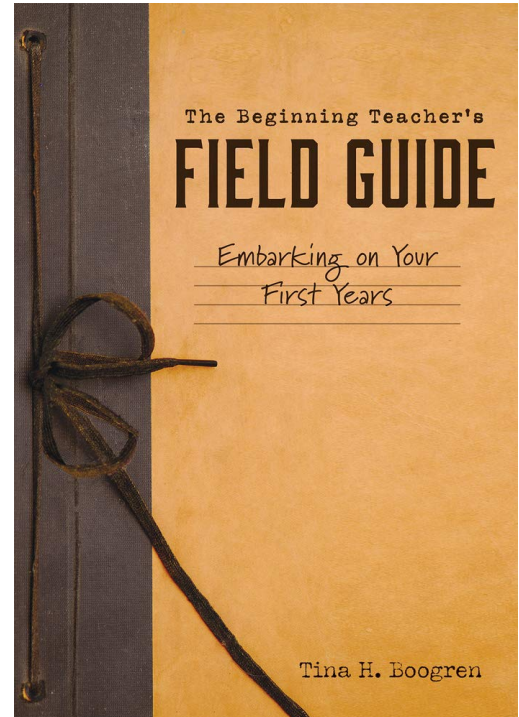
Cost: \$100: Purchase the book on your own.

Register by and pay by: September 24, 2025

Class limit: 20

1 in-service credit/15 credit hours

[Click Here to Register](#)



This collegial circle uses *The Beginning Teacher's Field Guide* by Tina H. Boogren to help navigate through the confusing and daunting tasks, responsibilities and choices beginning teachers are often faced with. We will explore and discuss avoiding burnout, practicing self-care and classroom management strategies - just to name a few of the topics covered. The goal of our sessions is to make life inside and outside the classroom easier, less stressful and more enjoyable!

We will explore the key concepts in the book that pertain to improving inside and outside the classroom - specifically about Classroom Strategies and Self-Care Procedures.



Fall 2025

Rock and Roll REPS: Racially: Economically, Politically and Socially

Open to: K-12 Teachers

Prerequisite: None

Instructor: William Verity, Retired High School Music Teacher: Plattsburgh City Schools

Dates: October 1 - 31, 2025

Place: Online using Google Chat

Cost: \$100

Register by and pay by: September 24, 2025

Class limit: 20

1 in-service credit/15 credit hours

[Click Here to Register](#)



Rock music has always impacted our lives Racially, Economically, Politically, Socially, and conversely, these elements have impacted Rock music. In the past, we may not have ever listened to this music with our “teacher-ears” but much of the music connects to classroom learning units with association to socio-historical environments, socio-cultural issues and the overall effect of rock and roll music on American culture.

This course will use Rock music to help you teach classroom concepts and topics mentioned above for a more indelible impact. We will have fun listening to and discussing songs/artists/genres from our past and present day - with a focus on how to integrate this new and fun perspective into your lessons.



Fall 2025

War of 1812

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: Katie Terry, Social Studies Educator: Saranac Central School

Dates: October 1 - 22, 2025

Place: NCTRC and Online using Canvas

Dates & Times: Oct 4: 1:00 pm - 3:00 pm at The Kent Delord House

Oct 18: either 1:00 pm - 3:00 pm or 3:00 pm - 5:00 pm at the War of 1812 Museum (time will depend on number taking the course)

Cost: \$100: Purchase the book on your own.

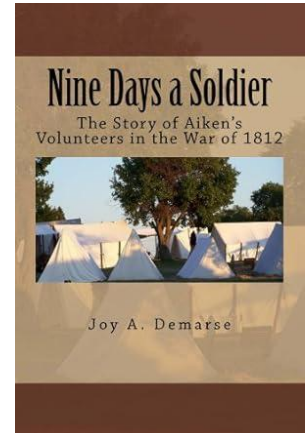
Register by and pay by: September 24, 2025

Class limit: 20

1 in-service credit/15 credit hours

[Click Here to Register](#)

This course will use *Nine Days a Soldier: The story of Aiken's Volunteers in the War of 1812* as the focus. You will read this local children's historical fiction book in conjunction with assignments on Canvas and two in-person days at The Kent Delord House and the War of 1812 Museum.





Fall 2025

Podcasts for Educators

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: Amanda Bokus, Special Education Teacher: Saranac Central School

Dates: October 5 - November 1, 2025

Place: Online using Canvas

Cost: \$100

Register by and pay by: October 1, 2025

Class limit: 25

1 in-service credit/15 credit hours

[Click Here to Register](#)

Put in your earbuds, turn up the stereo, and get ready to listen! In this course, participants will listen and respond to a variety of podcasts designed for educators. Podcasts will cover a wide range of topics including pedagogy, content topics and more! Participants will have the opportunity to choose several episodes from the assignments each week, based on your current teaching assignment.





Fall 2025

Hacking School Discipline: 9 Ways to Create a Culture of Empathy and Responsibility Using Restorative Justice - Collegial Circle

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: Heather Tedford, 5th Grade: Saranac Central School

Dates: October 5 - 27, 2025

Place: Online using Canvas and one in-person meeting October 27

Time: October 27: 4:00 pm - 7:30 pm

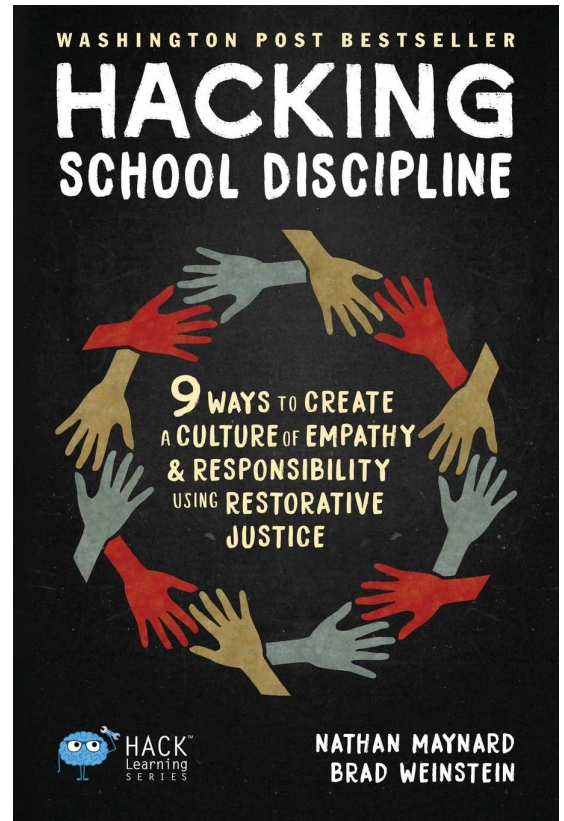
Cost: \$100: Purchase the book on your own.

Register by and pay by: September 24, 2025

Class limit: 15

1 in-service credit/15 credit hours

[Click Here to Register](#)



Get Ready to dive into *Hacking School Discipline*! During this course, we'll explore how restorative justice can transform classrooms into places of empathy, responsibility and respect. You'll learn strategies that go beyond traditional discipline to help build stronger relationships, solve problems together, and create a positive classroom culture. By the end, you'll have practical tools you can use right away to help every student feel heard and valued.



Fall 2025

What We Say and How We Say it Matters:

Collegial Circle

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: Shannon Rabideau, Special Education Teacher: Plattsburgh City Schools

Dates: October 5 - November 2, 2025

Place: Online using Google

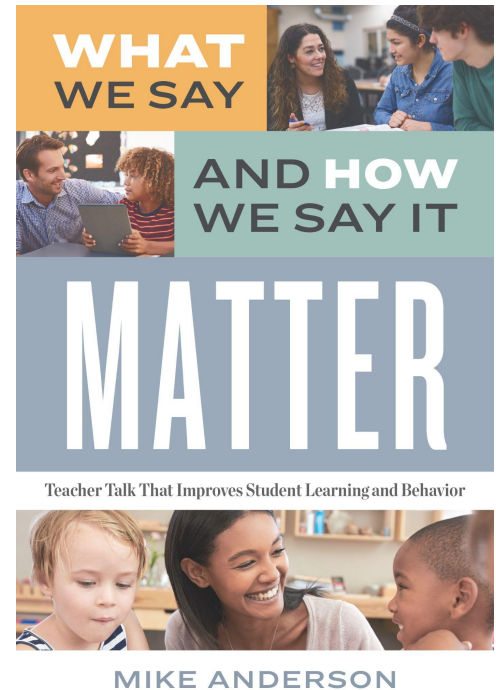
Cost: \$100: Purchase the book on your own.

Register by and pay by: September 24, 2025

Class limit: 15

1 in-service credit/15 credit hours

[Click Here to Register](#)



We all want our students to feel safe, collaborate with others, feel ownership in their learning, and be joyfully engaged in their work. Nevertheless, many teachers end up using language patterns that undermine these goals. What teachers say to students - when they praise or discipline, give directions or ask questions affects student learning and behavior. *What We Say and How We Say It Matters* will examine language habits and improve classroom practice so our language matches and supports goals.



Fall 2025

Born for Love- Collegial Circle

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: April Myers-Lautenschuetz, Occupational Therapist: Plattsburgh City Schools

Dates: October 6 - November 2, 2025

Place: Online using Canvas

Time: 4:00 - 7:30 pm

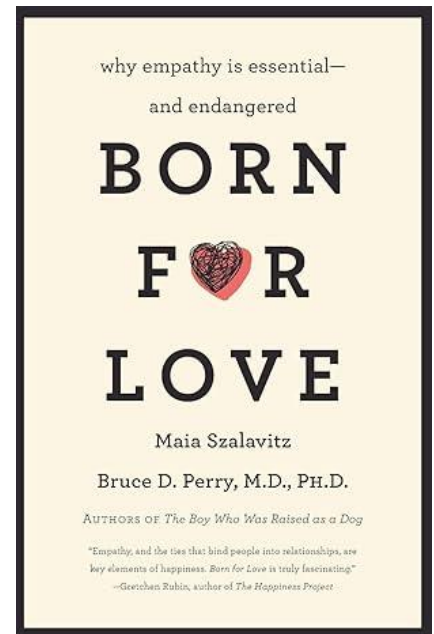
Cost: \$100: Purchase the book on your own.

Register by and pay by: September 24, 2025

Class limit: 25

1 in-service credit/15 credit hours

[Click Here to Register](#)



In *Born for Love* case studies and research are highlighted to explain how empathy develops, why it is developmentally essential and how to foster empathy with children. This author offers practical ideas to combat negative influences of modern life. Learning will occur through journaling, online discussion questions and related media components,



Fall 2025

A Complaint Free World: Collegial Circle

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: Marcia Newcombe, Physical Therapist: Plattsburgh City Schools

Dates: October 8 - November 6, 2025

Place: Online using Canvas

Cost: \$100: Purchase the book on your own.

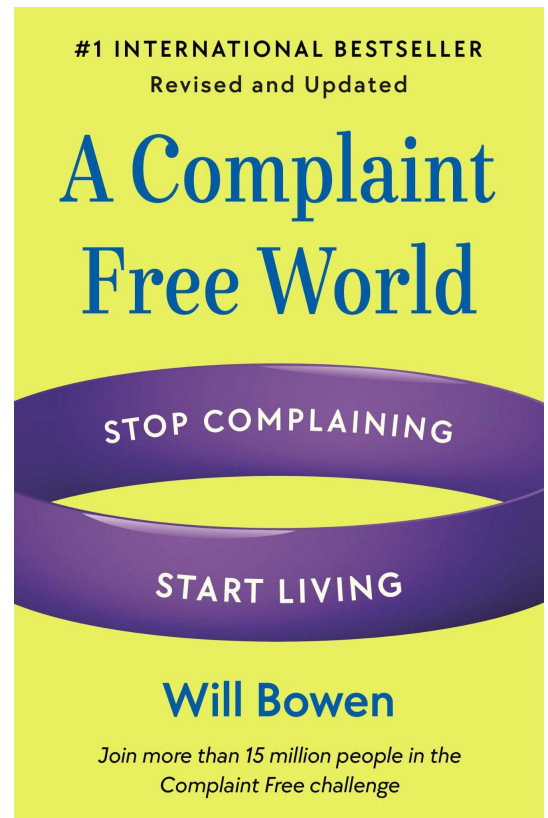
Register by and pay by: September 29, 2025

Class limit: 20

1 in-service credit/15 credit hours

[Click Here to Register](#)

This course will discuss the book *Complaint Free World*, by Will Bowen, which tackles being mindful about less complaining, gossiping and criticizing - all of which can have an obvious impact on our classrooms, school communities, and personal life. This course will also discuss an introduction to the benefits of rucking (walking with a weighted backpack/vest). Participants will have the option of creating a weighted rucksack using a backpack and items from home or can purchase a weighted vest (many of which allow customizing the weight/load as you get used to it).





Fall 2025

Documentaries for Educators

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: Amanda Bokus, Special Education Teacher: Saranac Central School

Dates: November 1 - 30, 2025

Place: Online using Canvas

Cost: \$100

Register by and pay by: October 23, 2025

Class limit: 25

1 in-service credit/15 credit hours



[Click Here to Register](#)

Pop some popcorn, dim the lights, and put up your feet! In this course, participants will watch and respond to a variety of documentaries about educational topics from around the world. Documentaries will cover a wide range of topics that may include educating students with disabilities, schooling systems in other countries, early childhood education, alternative schools, charter schools, amazing educators and students, racial issues in schools and more.

Participants will have the opportunity to make choices from a list of documentaries each week (to avoid repeats, allow choice in interest areas, and based on access to certain streaming platforms).

*There will be some small costs involved with renting some of the films from streaming platforms, all are under \$5, many are free.



Fall 2025

Women in Sports & Title IX

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: Katie Terry, Social Studies Educator: Saranac Central School

Dates: November 3 - 24, 2025

Place: NCTRC and Online using Canvas

Dates & Times: November 3: 4:30 pm - 7:00 pm

November 10: 4:00 pm - 7:30 pm

November 17: 4:00 pm - 7:30 pm

Cost: \$100

Register by and pay by: October 23, 2025

Class limit: 20

1 in-service credit/15 credit hours

[Click Here to Register](#)

This course will take a look at women in sports and the impact of Title IX. We will meet in-person for 3 days to watch movies and discuss. The remainder of the course will be done on Canvas.

In-Person 11/3 4:30-7, 11/10 4-7:30, 11/17 4-6:30.





Fall 2025

Word Play

Open to: K-12

Prerequisite: None

Instructor: Jerri Charlebois, Special Education Teacher: Plattsburgh City Schools

Date: November 3 - 24, 2025

Place: Online using Canvas

Cost: \$100

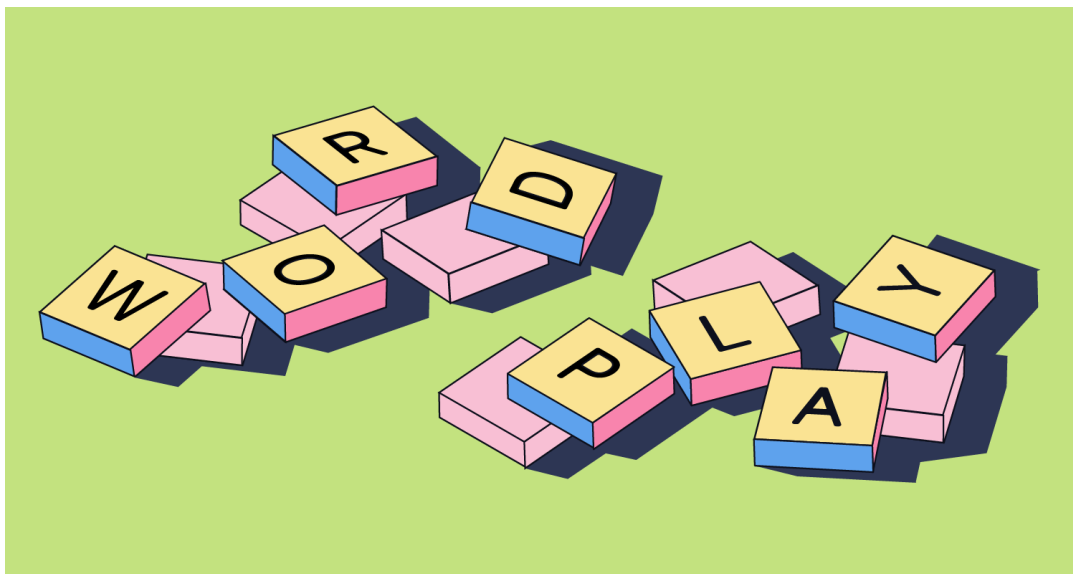
Register and pay by: October 23, 2025

Class limit: 25

1 in-service credit/15 credit hours

[Click Here to Register](#)

Add new activities, games that engage your students, and master content vocabulary. Unlock the power of playful learning in this class that is designed to help educators transform vocabulary instruction into an engaging and memorable experience.





Fall 2025

The Disengaged Teen: Collegial Circle

Open to: K-12 Teachers

Prerequisite: None

Instructor: Marcia Newcombe, Physical Therapist:
Plattsburgh City Schools

Dates: November 5 - December 8, 2025

Place: Online using Canvas

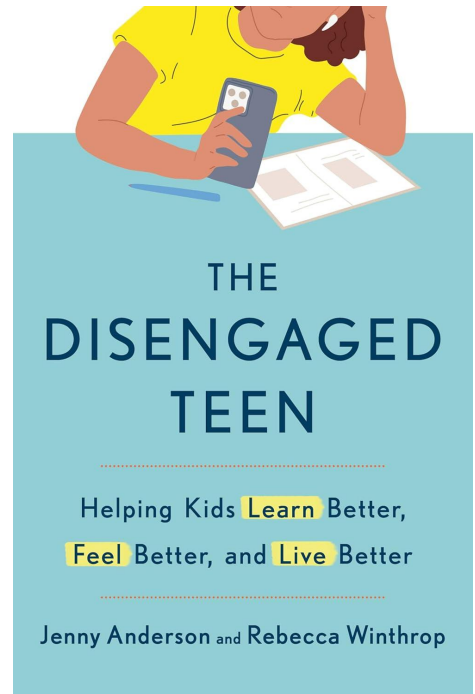
Cost: \$100: Purchase the book on your own.

Register by and pay by: October 28, 2025

Class limit: 20

1 in-service credit/15 credit hours

[Click Here to Register](#)



The authors of *The Disengaged Teen* (an educator and a journalist) discuss many facets of student engagement - what it is, how to find it/enhance it, and tools we can help students utilize at school and beyond to be more intrinsically motivated. They identify & share four common types of learners: Passenger, Achiever, Resister, and Explorer – with specific examples to help identify each one. We will also be discussing resilience, motivation, communication, and social skills. This book is geared toward middle and high school age students, but may also benefit educators who are parents and/or coaches of tweens and teens (or soon to be).



Fall 2025

***Disability Visibility*- Collegial Circle**

Open to: PreK-12 Teachers

Prerequisite: None

Instructor: April Myers-Lautenschuetz,
Occupational Therapist: Plattsburgh City
Schools

Dates: November 17 - December 14, 2025

Place: Online using Canvas

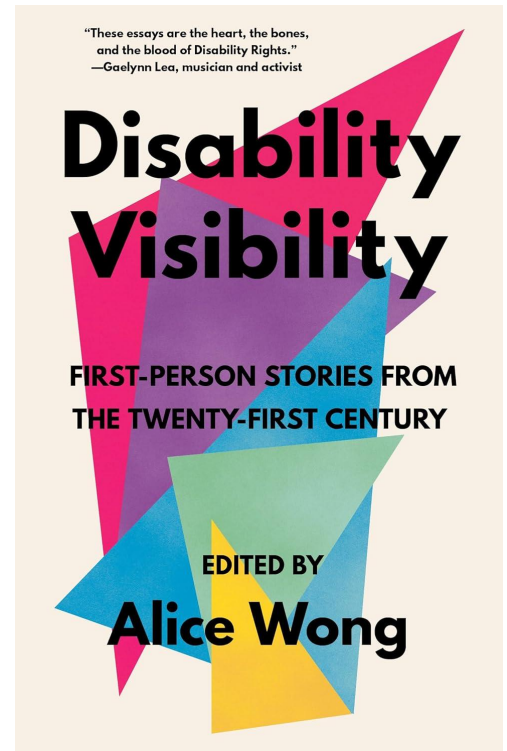
Cost: \$100: Purchase the book on your own.

Register by and pay by: November 6, 2025

Class limit: 25

1 in-service credit/15 credit hours

[Click Here to Register](#)



This *Disability Visibility* collegial circle invites participants to question their understanding of disabilities through reading essays authored by people living with varied disabilities. Learning will occur through discussion questions, journaling and related assignments.



1. Register for a class:

- To register for a class, click on the link above each class description (if registering for more than one class you must register for each class separately).

2. Pay for class:

- Pay for classes right after you register using this link:
<https://www.paypal.com/ncp/payment/WXQV7GAB7KPY2>
- Online classes must be paid in full by the registration date listed on the class description page. Late registrations and payments will no longer be allowed.
- If you prefer to pay by check, write a separate check for each course. (Make checks payable to North Country Teacher Resource Center). Send the check(s) out as soon as you register since the postal service and SUNY mail can be slow.
- To pay by voucher, call or email the Teacher Center.
- Districts can pay using a purchase order. Call or email the NCTRC for help.
- Participants may also pay with cash, credit or debit card, or check in person during regular business hours.
- If the class does not run due to low enrollment, you will be refunded.

Please note: Participants who start classes and fail to complete assignments by due dates, or do not attend in-person hours fully, will not receive in-service credit for the class, will not be refunded or receive a voucher to take a future class.

Please reach out to the Teacher Center with any questions:
nctrc5000@gmail.com or call us at 518-564-5000